**Allama Iqbal Open University**

**Department of Gender and Women’s Studies**

**WARNING**

1. **PLAGIARISM OR HIRING OF GHOST WRITER(S) FOR SOLVING THE ASSIGNMENT(S) WILL DEBAR THE STUDENT FROM AWARD OF DEGREE/CERTIFICATE, IF FOUND AT ANY STAGE.**
2. **SUBMITTING ASSIGNMENT(S) BORROWED OR STOLEN FROM OTHER(S) AS ONE’S OWN WILL BE PENALIZED AS DEFINED IN “AIOU PLAGIARISM POLICY”.**

**Course: Women and Health (9166) Semester: Spring,2025**

**Level: BS.**

## **Please read the following instructions for writing your assignments.**

## **(AD, BS, BEd, MA/MSc, MEd) (ODL Mode).**

1. All questions are compulsory and carry equal marks but within a question the marks are distributed according to its requirements.

2. Read the question carefully and then answer it according to the requirements of the questions.

3. Avoid irrelevant discussion/information and reproducing from books, study guide or allied material.

4. Handwritten scanned assignments are not acceptable.

5. Upload your typed (in Word or PDF format) assignments on or before the due date.

6. Your own analysis and synthesis will be appreciated.

7. Late assignments can’t be uploaded at LMS.

8. The students who attempt their assignments in Urdu/Arabic may upload a scanned copy of their handwritten assignments (in PDF format) on University LMS. The size of the file should not exceed 5MP.

**Total Marks: 100 Pass Marks: 50**

**Assignment No: 1**

**Units (1-5)**

**Attempt all questions. All questions carry equal marks.**

Q.1 How can "Good health" be defined? Discuss its significance in the processes of human productivity and development. (20)

Q.2 Adolescence is a vital stage of life with unique needs. Elaborate on its significance in the Pakistani context. (20)

Q.3 Analyze the factors that influence the mental health of Pakistani women. (20)

Q.4 Family planning is a controversial issue with various cultural and religious perspectives. Discuss and evaluate it within the Pakistani context. (20)

Q.5 Examine the different factors associated with menopause in older women. (20)

**Total Marks: 100 Pass Marks: 50**

**Assignment No: 2**

**Units (6-9)**

Q.1 Analyze violence against women within a global context. (20)

Q.2 Discuss the cultural and physical challenges faced by women with disabilities. (20)

Q.3 Explain how war situations impact women’s health, highlighting their interrelation. (20)

Q.4 “Sexual harassment is a form of social control.” Discuss this statement in the context of Pakistani society. (20)

Q.5 Beyond government institutions, how do NGOs contribute to opinion-building among people? (20)